

Vice Chancellor's message



I commend the staff, supporters and partners of the Olga Tennison Autism Research Centre (OTARC) on their achievements during what was a very challenging year in 2021.

Despite the COVID-19 pandemic presenting many challenges for the Centre's staff to undertake their research and program activity for a second consecutive year, the OTARC team managed to be very productive while working remotely for much of 2021. The Centre continued to make impressive headway on its research projects and its programs to support early detection and diagnosis and support, and employment and wellbeing for people with autism.

OTARC exemplifies what the University hopes to achieve through the work of its Research Themes, particularly our research program on 'Healthy people, families and communities'. The Centre provides evidence to support programs that are widely used in the community, as well as playing an important role in advocating for people with autism and their families. OTARC makes significant contributions to inform policy including its submission to the Standing

Senate Select Committee on Autism, which was followed by a visit to campus by two members of the Australian Senate in 2021 to see OTARC's work firsthand.

I hope that OTARC's work will gradually return to normal as we emerge from the COVID-19 pandemic in the months ahead. The Centre will be well placed for future success following the appointment of former La Trobe University Chancellor Professor Richard Larkins AC as its new Patron.

Finally, everyone at the University was saddened by the death of OTARC's generous benefactor, Olga Tennison, in early 2021. We have now announced the extraordinary \$45 million gift that Olga left to the University in her estate. Olga's incredibly generous bequest means that her memory will live on in OTARC's work to improve social, economic and community participation and inclusion for people with autism. Most importantly, it will support OTARC to continue its work to benefit people with autism and their families for many years to come.

Professor John Dewar AO

Vice-Chancellor

Director's message



2021 was, again, dominated by Covid-19 with much time spent working from home. Despite this, and shrinking slightly in our numbers, we had another productive year, with over 40 research projects underway. Based on our research, we made many submissions over the year to inform policy with regards to supporting autistic individuals from infancy to adulthood, with the Standing Senate Select Committee on Autism being one example.

A significant boost to our team was the longawaited appointment of Deputy Director, Professor Alison Lane. Alison, who is an Occupational Therapist, joined us in February. She has over 25 years of experience in paediatric clinical practice and health services management, with a strong research focus on sensory processing and sensory subtypes.

We also welcomed Professor Richard Larkins as OTARC Patron. In addition to being La Trobe's former Chancellor, Professor Larkins was Vice Chancellor of Monash University, and also the James Stewart Chair of Medicine at the Royal Melbourne Hospital. He was also

formerly Dean of the Faculty of Medicine, Dentistry and Health Sciences at the University of Melbourne, and has for some time served on the Board of the Ian Potter Foundation.

Three of our staff were successfully promoted in 2021 with congratulations to Associate Professor Josephine Barbaro, Dr Nancy Sadka and Dr Simon Bury. Professor Amanda Richdale retired at the end of 2021 having made significant contributions to the field over many years. Mandy has been a dedicated member of our staff at OTARC since its early days. I am glad that she will continue with us, in a reduced capacity, as an Adjunct Professor.

2021 was also the year that we lost our dearest benefactor and namesake, Mrs Olga Tennison who, many of you will now know, gifted us an extraordinarily generous bequest upon her passing. Her gift will fund autism research in perpetuity, which bodes well, not just for the field but also for junior scholars who are beginning their journey into autism. Olga's gift assures the sustainability and longevity of our Centre.

Professor Cheryl Dissanayake

Director and Chair, Olga Tennison Autism Research Centre

Professor Amanda Richdale retires after 34 years of research

What is your proudest achievement in research?

"This would be my sleep research - publishing my review on sleep in autism in 1999 and my other early sleep publications, which include some about sleep issues in other developmental disorders and intellectual disability, as well as autism. Researchers in the USA told me at international conferences that this work had inspired their own interest in the field. Through my research I met my American colleague and long-time friend Kim Schreck, and I have other lovely friends and colleagues around the world, especially in North America, including Beth Malow and Terry Katz."

"The other thing I am very proud of is all the Honours, Masters and Doctoral students I have supervised. It was a privilege and a pleasure to work with them and much of the research I am associated with could not have been done without them."



As Adjunct Professor, over the next 3 years I hope to:

Finish my current PhD students

Continue to co-supervise MPsych and Honours students with colleagues Dr Eric Morris and Dr Lauren Lawson.

Continue to investigate the role of psychological flexibility in mental health and insomnia, including interventions for autistic people with Eric and Lauren.

Work on analysing existing sleep and behaviour data from the Social Attention and Communication Surveillance studies with Associate Professor Josie Barbaro and Dr Nancy Sadka.

Analyse sleep and mental health data from the Autism CRC longitudinal studies.

Most of all, I want get back to my art, to garden, read more novels, walk, travel with my husband, spend time with friends, and finish the family history I have pottered with for over 10 years. There are too many things to do, not enough time, and my body keeps telling me it is tired more often, which is a nuisance. One lifetime is not enough.

Amanda is a founding staff member at the Olga Tennison Autism Research Centre which she joined in 2009. Prof Richdale completed a PhD at La Trobe University (1993) with Prof Margot Prior and then joined the Dept of Psychology & Intellectual Disability Studies at RMIT University.

Her research interests include autism spectrum disorder, disorders of development, sleep and mental health. Prof Richdale was project leader for the recently completed (June 2021) longitudinal Study of Australian School Leavers with Autism working closely with the Australian Longitudinal Study of Autistic Adults at UNSW (both studies funded by the Autism CRC).

Prof Richdale received an award for services to Autism Victoria (now known as Amaze) in 2007 in recognition of her active service. Prof Richdale co-founded:

- · the Autism Victoria Autism Research Group,
- · the Australasian Autism Research Alliance,
- · the Australasian Autism Research Collaboration and,
- the Australasian Society for Autism Research.

Prof Richdale is an educational and developmental psychologist and was a founding committee member of the Australian Psychological Society special interest group Psychologists in Intellectual Disability and Autism (2009), and is a member of the Australasian Sleep Association Sleep Health Council and committee member.

Students mentored to completion







How would you describe Prof. Richdale as a supervisor?

"Caring, supportive and someone with an impeccable ethical charater."

What impressed you about Prof. Richdale?

"Mandy advocated for me and our project against a lot of push back. She will never know how much that meant to me. Mandy is responsible for my career as a psychologist."

Monica Chester - completed a doctoral thesis with Prof Richdale as her supervisor

Mission

Through high-quality scientific research, innovation and translation we will expand knowledge to enrich the lives of autistic people and their families.

Contents

At a glance	8
In the media	10
Care	12
Accountable	14
Innovative	16
Connected	19
Industry and community partners	23
Research programs	26
Staff	36
Publications	40
Grants	45
Students	47
Financial report	49

At the Olga Tennison Autism Research Centre, we instigate positive change for autistic people by leading research that enables early identification, diagnosis and intervention, developing and evaluating innovative approaches that enrich the lives of autistic people, training the next generation of outstanding autism scholars and clinicians, generously engaging with stakeholders in research development, knowledge transfer and successful implementation of research findings, and achieving research and operational excellence.

At a glance

Contributions to La Trobe

La Trobe's 3rd largest topic cluster by publication is 'Pervasive Child Development Disorders; Autistic Disorder; Child.'



OTARC members (researchers and affiliates) contributed 49% of La Trobe University's 2021 publications in this area

Topic code	Topic	La Trobe world ranking (%OTARC publications)
T.4324	Autism; Autistic Disorder; Toddlers	1st (100%)
T.3876	Temperament; Parenting; Emotion Regulation	1st (78%)
T.7790	Autism; Autistic Traits; Asperger Syndrome	1st (50%)
T.18425	Asperger Syndrome; Coping Behavior	3rd (100%)
T.12780	Autism; Anxiety; Attention Deficit Hyperactivity Disorder	3rd (78%)
T.1597	Autism; Children with Developmental Disabilities; Autistic Disorder	3rd (50%)
T.6429	Sleep Latency; Autism; Slow Wave Sleep	3rd (80%)
T.9243	Joint Attention; Autism; Autistic Disorder	5th (100%)

188 names on registered volunteer list

27 research students

Research output

51 publications
53 conference presentations and posters
465 media appearances and mentions
5,432 research paper mentions

Participant registry

723 adults (aged 18+) on participant registry 450 children on participant registry

Engagement profile

www.latrobe.edu.au/otarc

7,073 Sessions - 9,558 Page views - 6,863 Users



In the media

Our research papers were mentioned in the media 5432 times, a significant increase from 964 in 2020.

February

Josephine Barbaro

"Investigating gender differences in the early markers of Autism Spectrum Conditions (ASC) in infants and toddlers" Blog, New York University, Information for

Darren Hedley

practice

"Autistic adults' subjective experiences of hoarding and self-injurious behaviors" Blog, New York University, Information for practice

Lacey Chetcuti, Darren Hedley

"Temperament in individuals with Autism Spectrum Disorder: A systematic review" Blog, Physician's Weekly; Blog, New York University, Information for practice

March

Melanie Muniandy, Lauren Lawson, Amanda Richdale

"Factor structure and psychometric properties of the Brief COPE in autistic older adolescents and adults"

Blog, New York University, Information for practice

Amanda Richdale, Nancy Sadka, Josephine Barbaro

"Behaviour, cognition, and autism symptoms and their relationship with sleep problem severity in young children with autism spectrum disorder" Blog, New York University, Information for practice

Alison Lane

"The autism spectrum" Wellbeing (podcast), 2NUR

July

Amanda Richdale (interview)

"Autistic children's sleep problems linked to behavioral regulation issues" Spectrum news By Michael Marshall

Simon Bury (mentioned)

"I struggled with office life. Now others are alive to benefits of remote working" The Guardian By Angela Lashbrook

August

Perrin Date

"The Cost of Raising Individuals with Fragile X or Chromosome 15 Imprinting Disorders in Australia" MedicalXpress

Rachel Jellett

"Implications of Applying 'Clinically Significant Impairment' to Autism Assessment: Commentary on Six Problems Encountered in Clinical Practice" Psychology Today

Simon Bury

"Businesses coached to support workers with autism" Interview for ABC News Radio - National By Nas Campanella

Simon Bury

"Autism in the workplace"
Interview for ABC Radio Hobart – Drive program

September

Josephine Barbaro, Lacey Chetcuti, Cheryl Dissanayake, Nancy Sadka

"Effect of Preemptive Intervention on Developmental Outcomes Among Infants Showing Early Signs of Autism" Recommended by Faculty Opinions 14 Blog mentions, including Science Alert; Psych News Alert; Science news, comment and analysis, theguardian.com

166 News mentions, including Neurology Advisor, Spectrum News, Muswellbrook Chronicle, Wellington Times

Simon Bury

"Supporting a neurodiverse workforce"
Opinion piece published in 58 regional paper and
10 print papers (e.g. The Canberra Times).

October

Jane Mantzalas (PhD candidate), Amanda Richdale. Chervl Dissanavake

"What Is Autistic Burnout? A Thematic Analysis of Posts on Two Online Platforms" Blog post, Mad In America; Spectrum News; Refinery29

Amanda Richdale

"Why some children with autism find it hard to sleep" Feed, Play, Love Podcast by Shevonne Hunt

November

Rachel Jellett, Lauren Lawson, Melanie Muniandy, Cheryl Dissanayake

"Autism-related dietary preferences mediate autism-gut microbiome associations"
Recommended by Faculty Opinions
Wikipedia mention - Régime alimentaire
d'exclusion dans l'autisme
5 Blog mentions, including Science Alert,
Microbiome Digest - Bik's Picks, Cell
253 News mentions, including Spectrum News,
Manning River Times, Intellasia

December

Darren Hedley (quoted), Josephine Barbaro

"Website to help prevent suicide" Mirage (online news); outinperth.com; heromag. net, mixspoint.in; 2SER.com

Darren Hedley

"La Trobe University researchers help prevent suicide in the autistic and LGBTIQA+ communities with website" The Illawarra Mercury By Alannah Sciberras

Darren Hedley

"New autism specific resource aims to reduce suicide rates" Disability Support Guide By Anna Christian

Darren Hedley (quoted)

"New Australian resource to help identify and respond to suicide risk" ABC Newsradio By Thomas Oriti

Darren Hedley, Kat Denney, Simon Bury, Ensu Sahin, Cheryl Dissanayake

"The Association Between COVID-19 and Suicide Risk Factors in Australian Autistic Adults" Life in Mind.org.au

Darren Hedley, Josephine Barbaro

"Suicide prevention website a vital aid for autistic and LGBTIQA+ communities" Bendigo Advertiser

Amanda Richdale

"Sleep and Autism"
A Different Brilliant Podcast by Aspect

Top 4 research outputs for 2021 by Altmetric* score



Autism related dietary preferenes mediate autism-gut microbiome associations

Effect of Preemptive Intervention on Developmental Outcomes Among Infants Showing Early Signs of Autism

The Lancet Commission on the future of care and clinical research in autism

What Is Autistic Burnout? A Thematic
Analysis of Posts on Two Online Platforms

^{*}Altmetric is a system that tracks the attention that research outputs such as scholarly articles and data sets receive online, via social media and traditional media's online presence.

Cultural qualities

Care

Advocacy – Policy submissions

OTARC has taken advantage of multiple opportunities in 2021 to use the latest research from the Centre to inform Federal Government policy on how autistic Australians can thrive in all aspects of life.

NDIS proposed Early Childhood Early Intervention Reset

OTARC's embedded research program on early intervention and supports with the Margot Prior Autism Intervention Centre (MPAI) was highly relevant to this submission. Our team offered expert opinions on all terms of reference in the reset.

Comment on the Draft National Preventive Health Strategy 2021-2030

OTARC prepared a response to the Draft strategy regarding sleep not being regarded as a fundamental area of interest for a preventative health strategy. Utilizing OTARC's research, we pointed out that good sleep quality is scientifically linked to the draft focus areas of the strategy:

- Improving access to and the consumption of a healthy diet.
- Increasing physical activity.
- Reducing alcohol and other drug harm.
- · Protecting mental health.

Feedback on the Productivity Commission Report on Mental Health

OTARC prepared a submission to the Committee after the release of the Final Report referencing:

- Autism not being considered regarding its impact on the practical implementation of the recommendations, including prognosis, response to treatment, etc.
- 2. Identifying gaps in the training of
 - tertiary education providers in providing support to succeed in education spaces,
 - frontline workers in determining suicide risk for autistic people specifically, and
 - health workforce needing
 - a discrete unit on complex symptom presentations, including among individuals on the autism spectrum.

NDIS Consultation paper: Interventions for children on the autism spectrum

OTARC put forward 16 recommendations covering:

- Consultation consulting with autistic people and their carers
- Promotion of best practice evidence-based, participant-focused, accessibility of information for participants
- Reassessing how to determine what is "reasonable and necessary" and allocation of funding
- Supporting parents and carers to exercise choice and control
- · Conflict of interest

Senate Select Committee on Mental Health and Suicide Prevention

OTARC prepared a submission to the Committee with community partners The Melbourne Clinic and Mindful and our students. We provided 20 evidence-based, community-driven recommendations that would benefit autistic Australians, including:

- Mandatory federal reporting of all self-harm and suicide events with a specific question regarding autism status.
- Autism as a group of interest in any policy or implementation of the Productivity Commission's Inquiry Report into Mental Health.
- Informed service provision for autistic people.
- Accommodations and adjustments to usual practice for autistic people.
- Specialist service availability, development, and expansion.

- Education and training of service providers.
- · Research.

Outcomes

Professor Amanda Richdale, Dr Darren Hedley and AMAZE participated in a public hearing round table to discuss autism, mental health, and suicide prevention. The Final Report specifically references OTARC testimony (3.28, 3.29, 3.31). The result of our submission and testimony (as well as other stakeholders in the autism space) was the inclusion of an autism specific recommendation:

Recommendation 4 - The Committee recommends that the Australian Government ensure the principle of accessibility is at the forefront of all policy and funding programs for the mental health and suicide prevention sector, with a focus on increased funding for specialist services, such as forensic, perinatal and autism services, to innovate, expand and meet demand.

Senate Select Committee on Autism

Following a submission to the Committee in 2020, Professors Dissanayake, Lane and Richdale presented at a public hearing. The Chair and Co-Chair of the Committee (Senators Hollie Hughes and Carol Brown, pictured) visited OTARC to further discuss our submission and recommendations.



Cultural qualities Accountable

As well as formal structures to ensure accountability, our researchers share their findings with the wider community via invited talks.

The OTARC advisory committee's role is to:

- · facilitate industry, government and non-profit sector engagement and partnerships;
- · facilitate the provision of independent input and guidance on the external environment; and
- endorse and regularly review progress in the implementation of OTARC's five year strategic plan.

Advisory Committee Members



Dr Sylvia Walton (Chair)AO, previous Chancellor of
La Trobe University



Professor Cheryl Dissanayake Founder, Director and Chair of OTARC



Professor Alison LaneDeputy Director of OTARC



Professor Suzanne Fraser Director, ARCSHS, La Trobe Universit**y**



Professor Andy Hill
Assoc Provost, Office of the
Pro Vice-Chancellor



Professor Stephen Kent Dean & Head of School of Psychology & Public Health



Ms Penny Robinson Autism Advocate; Lecturer, Monash University



Mr Stephen MayDirector, Alumni and
Advancement



Mr Roger Foenander Senior Finance Executive



Mr Jim Mullan AMAZE CEO

Invited talks

Barbaro, J. Early identification of autism in infancy and toddlerhood using MoSAIC (Monitoring of Social Attention, Interaction and Communication). Australian Psychological Society, Webinar, March.

Barbaro, J. Screening for Autism Spectrum Conditions in Infants and Toddlers. Online, National Disability Insurance Agency (NDIA), August 4.

Barbaro, J. & Nair, R. Monitoring of Social Attention, Interaction, and Communication. Innovative Research Universities, Research Commercialisation Online Webinar, November 23.

Barbaro, J. Autism and its presentation in very young children. NextSense Online Seminar October 7.

Bury, S. M. Supporting wellbeing. Autism@Work Summit 2021, Virtual Summit, Australia, August 24.

Clark, M. End user Engagement in Autism Research. ASELCC Research Series, November.

Dissanayake, C. Autism Research and Current Practice in Australia. ABIA Annual General Meeting, Dec 1.

Lane, A. E. Navigating practice decisions for children with sensory processing difficulties: An evidence-based approach. OT Australia Paediatric Special Interest Group Seminar, October.

Sadka, N.R. Psychologists, key contributors in the National Disability Insurance Scheme (NDIS). The Australian Psychological Society (APS) (Webinar), April 1.

Unwin, K. Autism and sensory processing. Centre for the Study of Autism and Christian Community, University of Aberdeen, May

Professional training

Barbaro, J. Monitoring of Social Attention, Interaction and Communication (MoSAIC) in Infants and Toddlers. Online training, Friuli Venezia Giulia, August 9-10.

Barbaro, J. Screening for Autism in Infants and Toddlers using Social Attention and Communication Surveillance (SACS). Maccabi Health Services Online Training, Israel, November 25.

Bury, S. Supporting a Neurodiverse Workforce – A mental health and well-being resource and training package. In person training for Untapped members. March 2-10.

Bury, S. Supporting a Neurodiverse Workforce – A mental health and well-being resource and training package: Trainthe-trainer. Online training of Autism Spectrum Consultants (ASCs; Untapped). March 22-25.

Undergraduate Subject: Understanding and Support for Autism

This subject explores the cluster of conditions formerly identified under the umbrella term of Autism Spectrum Disorder (ASD), taking both a scientific/medical perspective and a neurodiversity/lived experience and applied perspective. It considers the presentation of autism and the lived experience and support needs of individuals and their families, right across the lifespan; from neonatal life and very early infancy, right through childhood and adolescence, into adulthood.

Lecture topic	
Early Autism Phenotype. Emerging signs of autism in infancy and toddlerhood.	
Emerging Signs of Autism in Infancy and Toddlerhood	
Learning Needs of Children on the Spectrum	
Support Needs for Mental Health and Co-Occurring Conditions	
Unpacking Heterogeneity in Autism: The Spectrum and Subtypes	
Ethical Considerations and International Perspectives on Autism Research	

Cultural qualities Innovative

Science communication

In 2021 we expanded our short, plain english interactive online summaries of OTARC's newest research findings based on stakeholder feedback. We produced 8 presentations, averaging a viewership of 522 per presentation. The presentation with the highest number of views was "What are the links between COVID-19, wellbeing, depression, and suicide risk factors in Australian autistic adults?" with 1082 views. We also started to collect more information from our viewers through a 2-minute online survey. We found that:

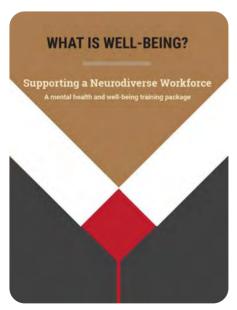


92% Liked the presentation

74%Learnt something new

40% of feedback was from autistic people

Supporting a neurodiverse workforce: A mental health and wellbeing online training course



Developed in partnership with Untapped (a company advocating for autism employment), this online training course is aimed at the colleagues and managers of autistic employees.

The training includes 11 evidence-based modules, with topics ranging from autism awareness and creating autism-friendly workplaces, to recognising signs of mental ill health.

It includes 2 modules specifically targeting the management of suicidal ideation and behaviour, and self-harming behaviour. It was launched in December 2021.

The Suicide Response Project



The SRP is an educational website that provides information for the public about how to detect and respond to suicide risk in others. This resource was co-designed with autistic and sex/gender diverse people with lived experience of suicide ideation and behaviour. It also included input from their families, as well as people with lived experience of being bereaved by suicide or having supported someone after a suicide attempt.

It consists of 12 modules, including animated videos to enhance accessibility. It includes resources for professionals and its use is being promoted by our research partners Aspect and Untapped. It was launched in December. https://www.suicideresponseproject.com

ASFAR 2021 State Conference:

Mental Wellbeing and Suicide Prevention in Autism



OTARC hosted this conference which was presented in a fully immersive 3D virtual environment custom-designed by Collectivibe. com. The meeting featured Keynote Speakers, Panel Discussions, Virtual Networking and Sponsor Booths.

With a focus on enabling connection between the diverse groups involved in the mental wellbeing of autistic people, this event attracted autistic people, their carers and family members, allied health professionals, psychologists and clinicians, researchers and academics, students, and those with lived experience of suicide. Almost half of the 400 attendees had lived experience. The 'Lived Experience' discussion

panel foregrounded these voices, while the conference format allowed lively audience participation.

A focus on policy and service provision in the other discussion panel was carried over into the post-conference Roundtable, hosted the following day. This Roundtable distilled the conference outcomes and discussions into clear research and policy recommendations, suitable for inclusion in future policy briefs.

The post-conference feedback was overwhelmingly positive, with 91% of attendees reporting to be "very" or "somewhat satisfied".

Participants liked:



"lots of different perspectives!"

"Overall, a great variety of researchers, clinicians and people with lived experience. Good use of technology."

"The range of topics, the importance of co-design and shared voice - I will be focused so much more on that in my work. The range of speakers/their knowledge and ideas was incredible and very inspiring."

"The lovely way the online format was set up-very clear and neurodivergent friendly!"

"A really fantastic platform that was quite interactive and engaging! A great mix of lived experience, clinical, policy and research experience - a collective effort on advocating for change."

"The Lived Experience Panel was fantastic! Its great that researchers, clinicians and people with lived experience were brought together into one conference. The online platform had some great resources, thank you."

The Lancet Commission on the future of care and clinical research in autism 2019-2020

OTARC Director and Chair, Professor Cheryl Dissanayake, participated in this Commission comprising the world's leading autism researchers, clinicians and advocates. Their aim was to articulate what can be done within the next 5 years to address the needs of autistic individuals and their families worldwide.

"(The) Commission proposes a novel modified stepped care and personalised health model of intervention and assessment for individuals with autism and their families ... (where) ... support takes into account the preferences, needs, and costs (financial and otherwise) to individuals and families at each step"

The Commission was published online in December 2021 and received extensive media attention. The article was tweeted 577 times in December, by members of the public (79%), scientists (11%), practitioners (6%) and science communicators (3%) from around the world.



Group photo of the Lancet Commission on the future of care and clinical research in autism 2019-2020

Cultural qualities Connected

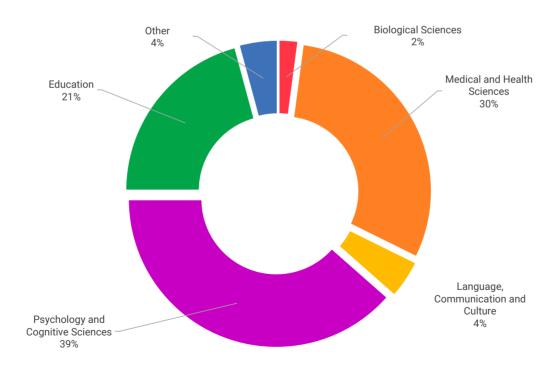
We connect locally, regionally and globally through our relationships with industry and community partners, our extensive network of research collaborations, our program of seminars and through the interdisciplinary

Building connections across disciplines

Discipline connections (SciVal 2018-2021)

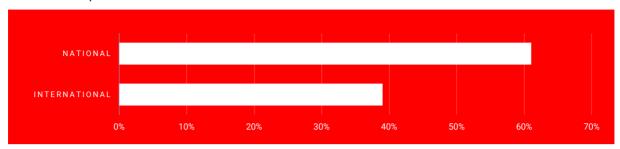
nature of our research.

Publications by OTARC Researchers cover a broad range of sub-disciplines, reflecting the complex nature of autism. The top subdisciplines under which OTARC publications have been classified in 2021 appear in the chart below.



Industry and Community partners

Collaborators - all co-authors on publications, conference presentations and grants and student co-supervision.



Australia

La Trobe University

Andrews. H.

Adikari. A.

Aulich, A.

Bent, C. A.

Bhopti, A.

Capes, K.

Chan, C.

Davy, G.

Dimov, S.

Flower, R.

Green, C. C.

Hill, K.

Hocking, D.

Hudry, K.

lacono, T.

Jones, C.

Morris. E.

Nicholson, J.

Prendergast, L.

Pye, K.

Ridgway, L.

Roussis, S.

Rumbold, B.

Shiell, A.

Smith, J.

Southall, A.

Spoor, J. R.

Yaari, M. Walkowiak, E.

Ward, L.

Wright, K.

Wickramasinghe, S.

ASPECT

Cai, R. Y. Gallagher, E.

Australian National University

Batterham, P.

Autism Association of Western Australia Inc.

Alach, T. Cameron, K.

Mayber, M.

Autism Partnership Australia

Glenross, G.

McKinnon, K.

Charles Darwin University

Moss, S.

Child and Adolescent Health Service

Davidson, E.

Curtin University

Girdler, S.

Falkmer, T.

Daphne Street Autism Specific Early Learning and Care Centre

Frost, G.

Deakin University

Brown, C. M. Siberras, E.

Stokes, M. A.

Department of Health Western Australia

Wray, J.

Dup15q Australia Ltd

Cahir, C.

Flinders University

Thomas, E. F. Wenzel, M.

Woodyatt, L.

Young, R.

Foundation for Angelman Syndrome Therapeutics (FAST)

Cross, M. Simons, C.

Government of Western

Australia

Slee, J.

Griffith University

Sulek, R.

Trembath, D.

Tucker, M.

Varcin, K. J.

Hunter Genetics

Rogers, C.

Hunter New England Population Health

Leigh, L.

Oldmeadow, C.

Ingham Institute for Applied Medical Research

Descallar, J.

Eastwood, J.

North West Tasmania Autism Specific Early Learning and **Care Centre**

Fordyce, K.

The Melbourne Clinic

Fisher, C. A.

The Sydney Children's Hospitals **Network Randwick and** Westmead

Silove. N.

Macquarie University

Benders. T. den Houting, J.

Microba Life Sciences

Car. L. Tyson, G. W. Wood, D. L. A.

Monash University

Williams, K. Freeman, N. C. Ure, A.

Murdoch Children's Research Institute

Baker, E. K. Godler, D. E.

Orygen, The National Centre of Excellence in Youth Mental

Health Cotton, S. Robinson, J.

Prader-Willi Syndrome **Australia Ltd**

O'Brien. J.

Queensland University of Technology

de Zubicaray, G. I. Laurens, K. McMahon, K. L. Williams, K.

RMIT University

Bartram, T. Walter, R.

Southern Cross University

Donelly, M. Mozolic-Staunton, B.

Yoxall, J.

Telethon Kids Institute

Alvares, G. A. Billingham, W. Boutrus, M. Chee, A. Clark, A. Cleary, D.

Cooper, M. N. Hafekost. C. Harun, A. Licari, M. K.

Leslie. J. Pillar. S. V. Stevenson, P. G. Whitehouse, A. J. O.

Varcin, K.

University of Queensland

Berry, J. Dawson, P. A. Farrelly, A. Gratten, J. Lennox, N. Harley, D. Heussler, H. S. Holdsworth, H. Holtmann, G. Hansell, N. K. Henders, A. K. Frenk, M. L. Lin. T. Louis, W. R. McLaren, T. McRae, A. F.

Miller, J. L. Nunn. L. Restuadi, R. Strike, L. T.

Trzaskowski, M. Vinkhuyzen, A. A. E. Visscher, P. M. Wallace, L.

Wray, N. R. Wright, M. J. Yang, Y. Yap, C. X. Zeng, J.

University of Melbourne

Amor. D. J. Clapperton, A. Hayward, S. M. Prior, M. R. Radovini, A. Saunders. F. Uljarević, M.

University of Newcastle

Armstrong, H. Barker, D. Brent, J. Byrnes, E. Campbell, L. E. Collison, A.

Colyvas, K. Dally, K. Gibson, P. G. Karavanidis. F. Mallise, C. A. Mattes. J. Milton. G. Mitchell, A. Murphy, V. E. Ray, K. Rowlandson, L.

Tam. K. I. Tzelepis, F. Whalen, O. M. Wilson, L. Woolard, A. J.

Sheedy, A. J.

Swaab, L.

University of NSW Arnold S.R.C. Dawson, P. A. Eapen, V. Foley K.-R. Gratten, J. Grove. R. Hasan, I. Higgins, J. Huang, Y. Hwang, J. Jalaludin, B. Karlov, L. Khan, F. Kohlhoff, J. Liaw. S. T. Lingam, R. Masi, A. Mathew, N. E. Mendozza Diaz. A. Nothard, M. Smith. A. Song, Y. J.

Tam, C. W. M. Trollor J. N. Visscher, P. M. Woolfenden, S.

University of South Australia

Segal, L.

University of Sydney

Guastella, A. Ong, N. Silove, N.

University of Tasmania

Barnett, T. Quarmby, L.

University of Technology Sydney

Arora, S. Goodall, S. Grove. R.

University of Western Australia

Maybery, M. T.

Western Sydney University

McGarty, C.

Other

Murphy. D Coutts, N.

International

Argentina

Fundación Brincar por un Autismo Feliz (Argentina)

Gotelli, M. M. Ysrraelit, M. C.

Canada

University of Toronto (Canada)

Anagnostou, E. Szatmari, P.

University of Calgary

Nicholas, D.

Germany

University Hospital Frankfurt

Freitag, C. M.

India

Sangath

Divan, G.

Israel

Bar-Ilan University

Bonneh, Y. S. Linkovski, O.

Shamir Medical Center

Stolar, O.

Tel Aviv University

Gabis, L. V. Gross, R.

University of Haifa

Gal, E. Gal-Mishael, R. Goldfarb, Y. Kimchi, R. Marciano, H. Vissoker, R.E. Zafrani, O.

Japan

Gunma Prefectural Women's University

Kezuka, E

Gunma University of Health and Welfare

Okuno, O.

Malaysia

Autism Initiatives Malaysia

Leong, D.

New Zealand

Auckland University of Technology

Shepherd, D.

Victoria University of Wellington

Powell-Hector, N. Waddington, H. Wilson, E. van der Meer, L.

Norway

Nic Waals Institute

Havdahl, A.

Singapore

Singapore National University

Nah. F.

South Africa

University of Cape Town

de Vries, P.

Spain

Alicante Institute for Health and Biomedical Research (ISABIAL-FISABIO Foundation)

Ballester-Navarro, P.

Inda, M. -D. -M. Muriel, J. Peiró, A. M.

EDUCATEA

Javaloyes-Sanchís, A. Infanta Leonor Autism Center Belda-Cantó. C.

Miguel Hernández University (Spain)

Morales, D.

San Rafael Autism Center (Spain)

Aguilar, V.

University of Murcia (Spain)

Martínez-Madrid, M. J.

Switzerland

World Health Organization

Servili, C.

United Kingdom

Autistica

Cusack, J.

Cardiff University

Hall, J. Leekam, S. R. Powell, G. Jones, C. R. G. Underwood, J.

Guys' and St Thomas Hospital

Slonims, V.

King's College London

Charman, T. Howlin, P. Pickles, A. Simonoff, E.

London School of Economics

Knapp, M.

Swansea University

Ellis-Davies, K.

The University of Surrey

Leonard, H. C.

University of Manchester

Blenkley, D. Green, J. Taylor, C. Wan, M. W.

United States of America

Autism Science Foundation Tepper Singer, A.

Bowdoin College Putnam, S.

Brigham Young University Kay, D. Mikle, S.

Bucknell University Evans, D. W.

Cleveland State University DeBoth, K. K.

Colorado State University Lane, S. J.

Drexel University Vivanti, G.

Duke University Dawson, G.

Emory University School of Medicine Scahill, L. Florida State University

Carretta, H. Princeton Shattuck, P.

Rady Children's Hospital San Diego

Carr, T.

Saint Mary's College of California (USA) McCauley, J. B.

Stanford University Hardan, A. Y.

Simons Foundation Autism Research Initiative Wang, P. P.

Thomas Jefferson University Schaaf, R. C.

University of California Kasari, C. Lord, C. Holbrook, A. Mundy, P. (Davis) Toolan, C. University of California San Francisco Shui, A. M.

University of Colorado Katz, T.

University of Kansas Boyd, B.

University of Southern California Thompson, P. M.

University of Utah Carbone, P.

University of Virginia Mazurek, M. Nevill. R.

Vanderbilt University Malow, B. A.

Virginia Commonwealth University Reynolds, S.

Other Plank, A.

Industry and Community Partners







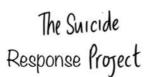
















Research Seminars

FEBRUARY	Associate Professor Angelika Anderson	Teaching creativity: Can lag schedules of reinforcement teach novel and varied responding in children with ASD?	Prof Anderson is an expert in Child Behaviour; Disabilities; Inclusive Education; Teaching and Learning; and Applied Behaviour Analysis.
MARCH	Dr Rebecca Sutherland	ASD assessments and telehealth	Dr Sutherland is a speech pathologist who works at the Child Development Unit, Children's Hospital at Westmead, and as an assistant professor in Speech Pathology for the University of Canberra.
	Honours Student Seminar:		
APRIL	Rebekah Benn - How Can Psychologists Better Work With Autistic Adults?; Mikaela Finn - Experiences of Autistic People in Job Interviews; Ellen Richardson - Perceptions of Disability Workplace Accommodations; Azul Hussain - Scale Development and Psychometric Evaluation of the Sensory Observation Autism Rating Scale (SOAR); Madison Chetcuti - Sensory Behaviours in 11-36-month-old Autistic Children: Investigating Associations with Diagnosis, Age and Gender; Elisa Pica - Understanding Psychological Inflexibility and Quality of Life; Matthew Strebinos - Psychological Determinant of Emotion Dysregulation.		
MAY	Professor Sonya Girdler	Autistic adults and community integration	Prof Girdler is affiliated with the School of Allied Health at Curtin University and is Director of the Curtin Autism Research Group (CARG) and Director of Program 3 (adulthood) of the 'Living with Autism' Cooperative Research Centre.
JULY	Assistant Professor Rachel Aiello	The ASD and ADHD Connection: What the Latest Research Tells Us & How This Can Help Inform Clinical Care No	Dr Aiello is an Assistant Professor of Psychiatry & Behavioral Sciences at the Duke Center for Autism and Brain Development. Dr Aiello is an investigator involved in the Duke NIH Autism Center of Excellence research program focused on early detection and treatment of children with ASD and ADHD.
AUGUST	Assistant Professor Patrick Jachyra, PhD	Suicidal thoughts and behaviours among autistic youth and young adults	Dr Jachyra is an Assistant Professor at Durham University, in the United Kingdom. Dr Jachyra completed post-doctoral training at the Centre for Addiction and Mental Health which is Canada's preeminent mental health hospital.
OCTOBER	Professor Amanda Richdale	Autism: Moving into Adulthood and Beyond	Prof Richdale is a founding staff member at OTARC, is a member of the ASA Sleep Health Council committee and is a registered psychologist (Educational & Developmental) and Fellow of the APS College of Educational and Developmental Psychologists.
Honours Student Completion Seminar: Rebekah Benn - "I Found at Times I Wasn't Being Heard": The Experiences of Autistic Adults in Working With Psychologists in Australia; Sarah Murphy - Women seeking an autism diagnosis in Australia: What helps and what hinders; Azul Hussain - Scale Development and Psychometric Evaluation of the Sensory Observation Autism Rating Scale (SOAR); Mikaela Finn - Experiences of Autistic People in Job Interviews; Ellen Richardson - Peer Perceptions of Workplace Accommodations for Autistic Employees; Madison Chetcuti - Sensory Behaviours in Young Children: Differentiating Autism and Language/Developmental Delay.			

New patron appointed

Professor Richard Graeme Larkins AO

Professor Richard Larkins AO was appointed OTARC's new Patron at the 2021 AGM. Prof Larkins is a former Chancellor of La Trobe University. Prior to this he was Vice-Chancellor and President of Monash University (2003-2009) and has had a distinguished career in medicine, scientific research and academic management. He also serves on the board of the lan Potter Foundation.



Early identification and diagnosis of autism Research program leader: Dr Josephine Barbaro

Studies under this theme aim to:

- 1. develop evidence-based strategies and tools to identify autism in children under 3 years,
- 2. inform government policy on early childhood development,
- 3. educate health professionals and parents/carers in how to recognise the signs of autism as early as possible, and
- 4. improve the outcomes of autistic children.

Highlights:

- · Release of Mandarin and Spanish versions of ASDetect
- Online resource development
 - How can we diagnose autistic girls earlier? (455 views)
 - Knowledge and diagnosis of autism in Nepal (302 views)
- Delivery of the Developmental Surveillance for Autism: Final Report to the Autism CRC.

Current studies

Developmental Surveillance for Autism - Social Attention and Communication Study-Revised (SACS-R) Funding: Menzies Foundation; Autism CRC	Josephine Barbaro Lael Ridgway Cheryl Dissanayake Nancy Sadka Melissa Gilbert Erin Beattie Lyndsay Quarmby (Univ	
Evaluation of ASDetect, a mobile application for autism Funding: La Trobe University, School of Psychology and Public Health	Josephine Barbaro Cheryl Dissanayake Nancy Sadka Lael Ridgway Melissa Gilbert Erin Beattie	
ASDetectPRO training needs analysis Funding: La Trobe University	Melissa Gilbert Josephine Barbaro Radhika Nair	
Maternal and Child Health nurse training for the early identification of autism Funding: Victorian Government	Shannon Elgar (Honour Katherine (Kate) Gore (Melissa Gilbert Josephine Barbaro	·
Early identification of ASD in Japan: Statutory infant health check-ups and early screening tools Funding: School of Psychology and Public Health, La Trobe University	Cheryl Dissanayake Darren Hedley	
Brief Autism Detection in Early Childhood (BADEC)	Darren Hedley Rose Nevill (University of Virginia) Robyn Young (Flinders University) Micah Mazurek (University of Virginia) Fei Nah (Singapore National University)	
The production and validation of a Sensory Observation Autism Rating scale (SOAR) to map autism-specific sensory behaviours and improve early diagnosis	Katy Unwin Josephine Barbaro Alison Lane	
Developmental surveillance for Autism Spectrum Disorder (ASD) in early childhood education settings	Beth Mozolic-Staunton Michelle Donelly Jacqui Yoxall (Southern Cross University) Josephine Barbaro	
Examining the association between parental cultural and ethnic background and the diagnosis of autism in 12–42-month-old children Funding: La Trobe University	Josephine Barbaro Nancy Sadka Ifrah Abdullahi Jess Scaletti (Honours Candidate)	
A multistate trial of an early surveillance program for autism within general practices in Australia Funding: Autism CRC	Josephine Barbaro Cheryl Dissanayake Melissa Gilbert Ifrah Abdullahi Radhika Nair Katy Unwin & the UNSW team	Valsamma Eapen Anne Masi Antonio Mendoza Diaz Aline Smith Iqbal Hasan
	L.	I .

Interventions and supports for children on the autism spectrum and their families

Research program leader: Professor Alison Lane

Many of the studies profiled below focus on Early Intervention (EI) for pre-school children with autism and building supports for their families. We have also begun to expand our research into supports for school-age and adult groups. OTARC is currently studying:

- 1. the long-term outcomes of autistic children diagnosed early who accesses early intervention,
- 2. the effect of different learning environments on intervention outcomes,
- 3. predictors of developmental outcomes to different types of intervention,
- 4. best methods to support sensory processing challenges in the classroom and in other community places,
- 5. the effect of compression garments on self-regulation concerns,
- 6. the support their families provide and need, and
- 7. the family outcomes of autistic children accessing early intervention.

Highlights:

- Welcoming a new research leader, Professor Alison Lane, to the team.
- · Two submissions to the NDIA
 - · Feedback on Consultation paper: Interventions for children on the autism spectrum
 - Response to the NDIA's proposed Early Childhood Early Intervention Reset
- Focussed discussion around engagement of stakeholders in intervention research
- · Focussed discussion about ensuring findings of intervention research are utilised in practice



Current studies

Child and Family Outcomes of children receiving the Group - Early Start Denver Model (G-ESDM)	Cheryl Dissanayake Megan Clark Victorian ASELCC Team	
Funding: Department of Social Services	Victorian ASELCC Team	
Parental resolution to their child's autism diagnosis and fidelity of parent delivered intervention and intervention outcomes for pre-school children Funding: La Trobe University, School of Psychology and Public Health	Paula Grogan (Masters candidate, Clinical Psyc) Cheryl Dissanayake Rachel Jellett Katy Unwin Maya Yaari	
Intranasal Oxytocin in Preschoolers with Autism receiving Social Learning Therapy: A Randomised, Double-blind, Repeated Dose Study Funding: NH&MRC	Adam Guastella Geralidine Dawson Cheryl Dissanayake Valsamma Eapen	Ruth Feldman Natalie Silove Rachel Jellett
On hold due to Covid-19	Yun Ju (Christine) Song	Katy Unwin Sally Rogers
Early Intensive Behavioural Intervention for Autism: Understanding 'What Works for Whom?' Funding: Department of Social Services	Cathy Bent Cheryl Dissanayake Kristelle Hudry Katherine Pye Victorian ASELCC Team Giacomo Vivanti (Drexel University) Karen McKinnon Susan Glenross (Autism Partnership Australia)	
Supporting Best Practice in the Assessment and Treatment of Minimally Verbal Children with Autism Funding: Department of Social Services	David Trembath M. Tucker Kristelle Hudry Katherine Pye C. Muckett K. Fordyce G. Hoppenbrouwers A. DeBlasio S. Webb A. Joosten	R. Grove J. Paynter M. Westerveld N. Maher V. Rose D. Keen Valsamma Eapen S. Riley Teresa lacono Cheryl Dissanayake
Australian Infant Communication and Engagement Study (AICES)	From Telethon Kids institute: Andrew Whitehouse Kandice Varcin Maryam Boutrus Matthew Cooper From La Trobe University: Kristelle Hudry Cheryl Dissanayake Josephine Barbaro Teresa lacono Nancy Sadka	Other: John Wray (Department of Health WA) Jonathan Green (University of Manchester) Carol Taylor (University of Manchester) Ming Wai Wan (University of Manchester) Vicky Slonims (Guys' and St Thomas Hospital, London) Murray Maybery (University of Western Australia) Emma Davidson (Child and Adolescent Health Service)
Best Practice Guidelines for Working with Sensory Processing Challenges in Schools Funding: Queensland Department of Education	Alison Lane Katy Unwin Carl Leonard (University of Newcastle) Kylie Wales (University of Newcastle) Tennille Johnson (University of Newcastle)	
Effectiveness of a compression singlet on self-regulation in autistic children: A single case series Funding: AusIndustry Innovation Connections, Commonwealth Government; Indasun Pty Ltd.	Alison Lane Lacey Chetcuti	
Investigating the perspectives of school staff and pupils on flexible seating in a London mainstream primary school	Laura Crane (University College London) g Katy Unwin Heba Al-Jayoosi (University College London) Sarah O'Brien (Autistica)	
Funding: The Churchill Fellowship	Spencer Hayes (University College London) Aaron Giuliano (University College London)	
Sense-scaping the Liturgy: The Impact of Sensory Difference in Autism on Worship		
Funding: The John Templeton Foundation		
The impact of multi-sensory environment use on children with a range of conditions	Catherine Jones (Cardiff University) Katy Unwin Georgie Powell (Cardiff University)	
Self-reported experiences of itch in autistic adults	George Tackley (Cardiff University) Katy Unwin Catherine Jones (Cardiff University) Jack Underwood (Cardiff University)	

Vocational pathways

Research program leader: Professor Cheryl Dissanayake

Vocation (e.g., employment, study) empowers people to become more engaged, active and independent within their communities. These opportunities can be limited for autistic people.

Highlights:

- Delivery of Supporting a neurodiverse workforce: A mental health and well-being online training course. Now available online https://www.neurodiversityhub.org/mentalhealth
- Online presentation
 - Workplace Social Challenges Experienced by Employees on the Autism Spectrum (588 views)

Current studies

Understanding the Experience of Autistic Working Mothers in	Katherine (Kate) Gore (PhD candidate
Australia: An Exploratory Study	Josephine Barbaro
	Melissa Gilbert
Funding: La Trobe University	Rebecca Flower
	Susan Hayward
Success in Higher Education for Neurodivergent Students	Lyndel Kennedy (PhD candidate)
	Amanda Richdale
Funding: La Trobe University	Lauren Lawson
Exploring the facilitators and barriers to successful transition to	Alison Nuske (external PhD candidate)
university for students on the autism spectrum.	Fiona Rillotta
	Michelle Bellon
Funding: Flinders University	Amanda Richdale
Enhancing wellbeing and social inclusion of marginalised	Simon Bury
populations: A two country multi component project Overcoming	Darren Hedley
the social barriers to sustainable autism employment	Jennifer Spoor
	Emmanuelle Walkowiak
Funding: Victorian Endowment for Science, Knowledge and	Alison Lane
Innovation (VESKI)	Naomi Schreuer
	Cheryl Dissanayake
	Eynat Gal

Co-occurring conditions

Research program leader: Professor Amanda Richdale

Studies under this program of research seek to understand the conditions that frequently accompany autism and support the needs of autistic individuals who are affected by them. In adults these conditions impact everyday functioning in the community and workplace. We aim to:

- 1. develop a better understanding of how these conditions affect the day to day lives of autistic people,
- 2. better understand factors that may cause high rates of co-occurring conditions,
- 3. ensure that the tools we use to measure mental health are appropriate for autistic people (see work on the HADS and PHQ-9 scales which measure anxiety and depression),
- 4. develop supports that match the specific needs of the autistic community, and
- 5. educate government, frontline service providers and the general population about these cooccurring conditions and their impact on the lives of autistic people.

Highlights:

- The release of The Suicide Response Project www.suicideresponseproject.com
- Successful ASfAR Health, Wellbeing and Suicide Prevention in Autism Conference and International Roundtable.
- Online resources
 - Supporting mental health: What young Australian autistic adults tell us (1206 views)
 - Anxiety, depression and autistic adults (1109 views)
 - What are the links between COVID-19, wellbeing, depression, and suicide risk factors in Australian autistic adults? (1131 views)
 - What Is Autistic Burnout? (982 views)
 - · All Things Sleep. Life on the Spectrum Podcasts
 - Research in Autism Spectrum Disorders Special Issue on Sleep (Guest Editors: A. Richdale & M. Mazurek).

Co-occurring conditions

Current studies

Suicide prevention, mental health & well-being in autistic adults Funding: Suicide Prevention Australia, Untapped, La Trobe University	Darren Hedley Kat Denney Ensu Sahin Alex Haschek Simon Bury Angela Clapperton (University of Melbourne) Mirko Uljarević (University of Melbourne) Jo Robinson (University of Melbourne) Cheryl Dissanayake Julian Trollor (UNSW) Mark Stokes (Deakin University)
Intervention for insomnia in autistic adults (SLEAPI)	Amanda Richdale
Funding: La Trobe University	Eric Morris
Tuliding. La Trobe officeroity	Lauren Lawson
Improving the competence of mental health practitioners in providing care to	Robyn Ball (PhD candidate)
their autistic clients	Amanda Richdale
Funding: School of Psychology and Public Health La Trobe University	Eric Morris
	Lauren Lawson Louise Dickens
Inter-Relationships Between Autistic traits and Elements of Depression, Sleep Quality, and Fatigue in Autistic Adolescents and Adults: A Network Analysis	(Masters candidate – Clinical Psychology)
,	Eric Morris
Funding: Autism CRC and School of Psychology and Public Health La Trobe University	Amanda Richdale
The Role of Inflexible Behaviour and Thought Patterns in Emotion	Matthew Strebinos (2021 Honours
Dysregulation: The Mediating Role of Sleep	candidate)
Funding: School of Psychology and Public Health La Trobe University	Eric Morris
, , ,	Amanda Richdale
Exploring Factors that Mediate the Relationship Between Psychological Inflexibility	Elisa Pica (2021Honours candidate)
and Psychological Quality of Life: A Cross-Sectional Study	Eric Morris
	Amanda Richdale
Funding: Autism CRC and School of Psychology and Public Health La Trobe University	
Characterising autistic burnout and its underlying mechanisms: An	Jane Mantzalas (PhD candidate)
exploratory investigation	Amanda Richdale
Funding: School of Psychology and Public Health, La Trobe University	Cheryl Dissanayake
Coping and resilience in autistic adults	Melanie Muniandy (PhD candidate)
Funding Aution ODO	Amanda Richdale
Funding: Autism CRC	Lauren Lawson
Cross-sectional and longitudinal predictors of sleep problems in young autistic children from the ASDetect Cohort.	Amanda Richdale
autistic children from the Aspetect Conort.	Josephine Barbaro
Funding: La Trobe University Social Research Platform	Nancy Sadka

The Margot Prior Autism Intervention Centre



The Margot Prior Autism Intervention Centre continued to provide intensive early intervention and early education and care to children and families throughout the past 12 months, amid disruptions caused by the COVID 19 pandemic. We also maintained and strengthened our focus on wellbeing for our staff, children, and families across this year, including through ongoing yoga sessions for staff and children, traffic school days, a 'festival of fun' celebration and a children's art show throughout the entire Centre.

We continued our project with Department of Social Services, developing resources that capacity build families and the early education sector. We redeveloped existing training programs, that relied on face-toface delivery, to online platforms. This

has included creating short video presentations on topics frequently requested by families, for example, communication, play and supporting behaviours of concern.



Cross-program research

While most OTARC research can be categorised under four programs, we are also committed to broadening the scope of our research by encouraging interdisciplinary and collaborative approaches.

Studies in this section fit under more than one of the four main programs or fall outside the programs altogether.

Highlights:

 Delivery of the Longitudinal Study of Australian School Leavers with Autism (SASLA): Final Report to the Autism CRC.

Current studies

	T	
	Amanda Richdale	Melanie Muniandy
	Ru Ying Cai	(PhD candidate)
	Mirko Uljarević	Torbjorn Falkmer
	Lauren Lawson	(Curtin University)
Longitudinal Study of Australian School Leavers with Autism (SASLA)	Rebecca Flower	Nick Lennox (The University of Queensland)
Autom (OAGLA)	Susan M Hayward	Julian Trollor
Funding: Autism CRC	Ifrah Abdullahi	(University of New South Wales)
Funding. Autism CRC	Lacey Chetcuti	David Harley
	Alex Haschek	(University of Queensland)
		Samuel Arnold (UNSW)
		Kitty-Rose Foley
	Julian Trollor (UNSW)	Lauren Lawson
Australian Longitudinal Study of Adults with Autism (ALSAA)	Nick Lennox (UQ)	Lacey Chetcuti
	Torbjorn Falkmer (Curtin	Rebecca Flower
	University)	Susan M Hayward
Funding: Autism CRC	Amanda Richdale	Samuel Arnold
	Mirko Uljarevic	Kitty-Rose Foley
#TakeTheMaskOff: Autistic performativity and the	Elisabeth Radulski (PhD candidate)	
neurodiversity movement	Katie Wright	
	Anthony Moran	
Funding: La Trobe University	Cheryl Dissanayake	
(Department of Social Inquiry and OTARC)		
	Alex Haschek	
Emotional awareness in young autistic adults (SASLA)	Rebecca Flower	
Emotional analeness in young autistic audits (SASEA)	Amanda Richdale	
Funding: Autism CRC	Mirko Uljarević	
i diding. Additi Otto	Ru Ying Cai	
	Lauren Lawson	

School-age outcomes of children who recieved G-ESDM	Megan Clark
School-age outcomes of children who recieved G-ESDIW	Cheryl Dissanayake
	Cheryl Dissanayake
School-age outcomes of children with autism and parental	Josephine Barbaro
wellbeing: investigations on the contribution of method-of-	Alan Shiell
referral and age-of-diagnosis	Katrina Williams
	Alex Ure
Funding: NHMRC	Katy Unwin
	Rachel Jellett
Autistic adults' experiences with end-of-life services, grief	Jennifer Lowe (PhD candidate)
and bereavement	Bruce Rumbold
	Cheryl Dissanayake
Funding: La Trobe University	
Participation, quality of life and parental outcomes in	Gemma Davy (PhD candidate)
caregivers of school aged children with autism	Cheryl Dissanayake
Funding: La Trobe University and NHMRC	Josephine Barbaro
	Katy Unwin
Associations and predictors of early sensory profile	Katy Unwin
differences using an existing large dataset	Mirko Uljarević (University of Melbourne)
Funding: La Trobe University and University of Melbourne	
	Helen Andrews (PhD Candidate)
Self-determination in Adulthood	Darren Hedley
determination in Additiood	Simon Bury
	Cheryl Dissanayake

Staff

Academic impact summary



47.7% of peer reviewed papers in the top 10% of Journals (CiteScore)

(CiteScore)

Total 676 views

FWCI of 1.65 (where 1 is average)

The field-weighted citation impact (FWCI) is an author metric which compares the total citations actually received by a researcher's publications to the average number of citations received by all other similar publications from the same research field.

5,432 direct media mentions of peer-reviewed papers

Staff

Academic staff



Professor Cheryl Dissanayake Director and Chair

- Fellow, and Vice-President International Society of Autism Research
- Vice-President and lifetime member, Australian Society of Autism Research (ASfAR)
- Commissioner of the Lancet Commission on Autism
- Recognised as Field Leader in Australia for the fourth year in a row in The Australian Research Supplement
- Leader of the Vocational Pathways Research Program



Professor Alison Lane

Deputy Director and Chair

- **Registered Occupational Therapist**
- Graduate Research Coordinator, Olga Tennison Autism Research Centre
- Leader of the Intervention and Supports Research Program



Professor Amanada Richdale

- Leader of the Co-occurring Conditions Research Program
- Project Leader of the Autism CRC Study of Australian School Leavers with Autism (SASLA)
- Registered Psychologist and Fellow Educational and Developmental Psychologists APS College
- Member of the Editorial Board for Research in Autism Spectrum
- Autism Editor for Current Developmental Disorder Reports.
- Editor for the Special Issue on Sleep in Autism for Research in **Autism Spectrum Disorders**

Staff

Academic staff



Associate Professor Josephine Barabaro

Principal Research Fellow

- Leader of the Early Identification and Diagnosis Research Program
- Project Leader with the Autism CRC
- Registered Psychologist
- Guest Editor Frontiers in Neurology, Pediatrics
- Treasurer of the Australian Society for Autism Research



Research Award Nomination. Aspect Australia, NSW.

Dr Darren Hedlev Senior Research Fellow

Convenor - 2021 Australasian Society for Autism Research (ASfAR2021) Conference on Health, Wellbeing & Suicide Prevention in Autism and Roundtable Suicide Prevention Australia Fellow Editorial Board Member for Autism: International Journal of Research and Practice

Dr Lauren Lawson

Research Fellow (Parental Leave Jan-Oct)

Registered Clinical Psychologist & Board Certified Supervisor Autism Co-editor for Current Developmental Disorder Reports

Dr Nancy SadkaResearch Fellow

Invited member of the Autism CRC Guideline Development Group - a new practice guideline for supporting the development and participation of children on the autism spectrum and their families.

Dr Simon Bury

Research Fellow

ECR Coordinator, Olga Tennison Autism Research Centre Deputy-Chair, Vocational Pathways Research Program Clinical Psychology Registrar

Dr Ifrah Abdullahi

Postdoctoral Research Fellow

Co-founder of Muslim Ability WA Founder of the Young Somali Women's Society Co-Founder & Liaison Officer Hope for the Horn Collective

Dr Katy UnwinPostdoctoral Research Fellow

Member of ECR committee, La Trobe University Co-chair of Early Identification and Diagnosis Research



NViTA Science-Engaged Theology fellowship award. University of St Andrews and the John Templeton Foundation (\$7000).

Dr Melissa Gilbert

Postdoctoral Research Fellow

Reviewed for Frontiers in Pediatrics, section Child and Adolescent Psychiatry; Journal of Developmental and Physical Disabilities; International Journal of Developmental Disabilities

Dr Megan Clark Research Fellow

Co-chair of Early Intervention Research Program Provisional Psychologist



Best oral presentation - Autism Futures Conference (August)

Dr Rachel Jellett

Postdoctoral Research Fellow

Clinical Psychologist and board approved supervisor

Dr Lacey Chetcuti

Postdoctoral Research Fellow



Outstanding thesis - Nancy Millis Medal

Alex Haschek

Member of the La Trobe University School of Psychology and Public Health Diversity and Inclusion Committee

Professional staff

Doug Scobie Centre Manager

Perrin Date Research Operations Coordinator
Mick Leahy Mobile App Marketing Officer
Melinda Denham Communications Coordinator

Mithun Roy CRM Officer
Radhika Nair Project Manager
Margaret Laughton Administration Officer
Erin Beattie Project Officer
Kat Denney Research Assistant
Jenny Luu Research Assistant
Ensu Sahin Research Assistant

Affiliate members

Dr Rebecca Flower Lecturer, Psychology and Counselling

Dr Kristelle Hudry Associate Professor, Psychology and Counselling

Dr Jennifer Spoor Associate Professor, Department of Management, Sport and Tourism

Dr Eric Morris Senior Lecturer, Psychology and Counselling
Dr Teresa Iacono Professor, Rural and Regional Allied Health School

Dr Emmanuelle Walkowiak Senior Lecturer, Economics, Finance and Marketing, Lecturer

Dr Anoo Bhopti Lecturer, Occupational Therapy Alfred, Social Work & Occupational Therapy

Honorary Members

Dr David Trembath
Dr Giacomo Vivanti
Associate Professor, School of Allied Health, Griffith University
Associate Professor, Early Detection & Intervention Program,

Drexel University, USA

Dr Cynthia Zierhut Early Days Autism Centre, USA

Dr. Mirko Uljarevic ARC Senior Research Fellow, Psychology, University of Melbourne

Dr Elfriede Ihsen Retired

Dr Han Ming (Daniel) Leong Co-chair, Autism Initiatives Malaysia

Adjunct Members

Dr Nusrat Ahmed Hope Autism Centre, Bangladesh Dr Yuan Gao Independent Consultant, China Amanda Golding Autism Family Support Association

Dr Lesley Stirling Professor, School of Languages and Linguistics, University of Melbourne

Michael Fieldhouse Director, Emerging Businesses & Cyber Security;

Dandelion Program Executive, DXC Technology

Publications

Peer reviewed articles

All metrics from 1st February 2022

Advances in Autism

Hedley, D., Spoor, J. R., Cai, R. Y., Uljarević, M., **Bury, S.,** Gal, E., Moss, S., **Richdale, A.**, Bartram, T., & **Dissanayake, C.** (2021). Supportive Employment Practices: Perspectives of Autistic Employees. *Adv in Autism, 7*(1). https://doi.org/10.1108/AIA-09-2019-0029

Advances in Neurodevelopmental Disorders

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Barbaro, J., Sadka, N., Beattie, E., & Dissanayake, C. Utilising a Mobile Application for the Early Detection of Autism in Infants and Toddlers: Asdetect.

Dissanayake, C., & Cliffe, R. H. Comparative Outcomes of Young Minimally Verbal and Verbal Autistic Children Following Receipt of Group-Based Early Start Denver Model (G-ESDM).

Hedley, D., den Houting, J., Hayward, S., Uljarević, M., Bury, S. M., Lawson, L., Clapperton, A., Haschek, A., Dissanayake, C., Robinson, J., Trollor, J., & Stokes, M. A. The buffering hypothesis of suicide risk in young autistic adults: Does mental wellbeing buffer the effect of depression on suicidal ideation?

Hedley, D., Batterham, P., Gallagher, E., **Denney, K.,** Hayward, S., Uljarević, M., **Bury, S. M.,** Clapperton, A., Robinson, J., Trollor, J., & Stokes, M. A. *Development of the Suicide Ideation Attributes Scale-Modified (SIDAS-M) for autistic adults.*

Huang, Y., Arnold, S., Foley, K-R., **Lawson, L., Richdale, A.,** & Trollor, J. *Predictors of age at diagnosis in a community sample of Australian adults*.

Kawashima, H., **Dissanayake, C., Hedley, D.,** Kezuka, E., Okuno, M. *Validation of the Autism Detection in Early Childhood-Japanese (ADEC-J)*.

Lowe, J., Rumbold, B., & Dissanayake, C. Autistic Adults' Experiences with Palliative Care and End-of-Life Services.

Mantzalas, J., **Richdale, A.,** Adikari, A., Lowe, J., & **Dissanayake, C.** What Is Autistic Burnout? a Thematic Analysis of Autistic Adults' Online Forum and Twitter Posts.

Richdale, A. L., Lawson, L., Haschek, A., Hayward, S., Abdullahi, I., & Morris, E. The Role of Fatigue and Social Wellbeing in Depressive Symptomatology in Autistic Older Adolescents and Young Adults.

Whitehouse, A. J., **Barbaro, J., Dissanayake, C.,** Iacono, T., Pilla,r S., Slonims, V., Wan, M. W., Varcin, K. J., Wray, J., Green, J., Hudry, K. Developmental Outcomes Following a Randomised Controlled Trial of a Pre-Emptive Intervention for Infants Showing Early Signs of Autism: A Two Year Follow-up.

Yap, C. X., Henders, A. K., Alvares, G. A., Wood, D., Krause, L., Tyson, G. W., ... **Dissanayake, C.,** ... Gratten, J. (2021). Restricted Diet Drives Autism-Gut Microbiome Associations.

Unwin, K., Underwood, J., & Hall, J. Substance Use Disorder in Autistic Adults: A Cross-Sectional Study of a National Mental Health Database. Oral presentation as part of a panel on Substance Use Disorders in Autistic Adults.

ASFAR MENTAL WELLBEING & SUICIDE PREVENTION IN AUTISM: BRINGING AUTISTIC PEOPLE, RESEARCHERS AND HEALTH PROFESSIONALS TOGETHER (STATE-BASED CONFERENCE, DECEMBER)

Andrews, H., **Hedley, D., & Bury, S.** Self-determination as a mediator between autism traits and quality of life.

Brown, C. M., **Hedley, D.,** Fuller-Tyszkiewicz, M., Hooley, M., & Stokes, M. A. *Personal Wellbeing and Stress in Autistic Adults: Before and During COVID-19*.

Bury, S. M., Hayward, S. M., **Dissanayake, C.,** & **Hedley, D.** *Utilising lived experience and co-design to develop autism specific workplace mental health training.*

Cooke, K., Ridgway, K., Westrupp, E., **Hedley, D.**, Hooley, M., & Stokes, M. A. Interpersonal Violence in Autism: Prevalence, Risk Factors, and Outcomes of Victimisation.

Denney, K, Stokes, M. A., Hayward, S. M., Nicholas, D., Clapperton, A., **Dissanayake, C.,** Robinson, J., Trollor, J., Uljarević, M., & **Hedley, D.** *Exploring autistic people's perspectives on their use of, and barriers to mental healthcare access and services in Australia.*

Lowe, J., Rumbold, B., & **Dissanayake, C.** Suicidal Ideation as A Grief Response Among Autistic Adults.

Finn, M., Flower, R., & **Hedley, D.** A Qualitative Exploration of the Impact of Camouflaging Behavior on the Mental Health and Wellbeing of Autistic People, Experienced During a Job Interview.

Hill, K., Chan, C., Murphy, D., **Barbaro, J., & Hedley, D.** Codesign of a Community-based Autism and LGBTIQA+ Inclusive Suicide Prevention Education Tool.

Sahin, E., Denney, K., Turner, K., Sanguino, H., Bury, S. M., Uljarević, M., Clapperton, A., Dissanayake, C., Robinson, J., Trollor, J., Stokes, M. A., McMorris, C., & Hedley, D. Suicidal Behaviour in Australian and Canadian Children, Adolescents, and Adults on the Autism Spectrum.

Santomauro, D. F., **Hedley, D., Sahin, E.,** Ferrari, A. J., & Stokes, M. A. *The global burden of suicide among people on the autism spectrum.*

OTHER CONFERENCES

Barbaro, J., Sadka, N., Beattie, E., Dissanayake, C., & the ASDetect team. Early detection of autism in the home using a mobile application: ASDetect. Aspect Research Centre for Autism Practice (ARCAP) Conference, 21-22 October (Virtual).

Bhopti, A., McAdam, C., Mohitian, S., & **Dissanayake, C.** "We care" parent capacity-building workshops for autism spectrum disorders: Supporting family quality of life. Abstract published in *Journal of Applied research in Intellectual Disabilities*. https://www.webofscience.com/wos/woscc/full-record/WOS:000668281600187

Bury, S. M., Spoor, J. R., Hedley, D., Karimi, L., Bartram, T., Nicholas, D., & Dissanayake, C. Promoting Long-Term Employment of Autistic People through Improved Well-being. Autism@Work Summit, Australia, Virtual Summit, August 24-25.

Clark, M. Child and parent reported strengths, interests and positive attributes in children on the autism spectrum: Is there alignment? Autism Futures Early Career Researcher conference ASfAR – August.

Dissanayake, C., & Capes, K. Embedded Research at the Victorian Autism Specific Early Learning and Care Centre. Aspect Research Centre for Autism Practice Conference, October

Lowe, J., Rumbold, B., & **Dissanayake, C.** Autistic Adults' Experiences with End-of-Life Services, Grief and Bereavement. Aspect Research Centre for Autism Practice Conference, October

Hedley, D. The Suicide Ideation Attributes Scale-Modified (SIDAS-M): A new suicide risk screener designed for autistic adults. Symposium: Suicide Risk in Youth with Autism:

Assessment, Prevention, and Treatment. IASR/AFSP International Summit on Suicide Research. October 24-27.

Hedley, D. *Suicide Prevention in Autism.* Invited presentation at the ARCAP Conference 2021, October 21-22.

Hedley, D. Suicide prevention in autism: Risk assessment. Child & Youth Mental Health Service (CYMHS) & Area Mental Health Service (AMHS) Coordinators Joint Meeting. University of Melbourne, September 2.

Mastin-Purcell, L., **Richdale, A., Lawson., L.,** & Morris. E. *Fused to Thoughts and Trying to Sleep. What's the Link Between Psychological Inflexibility Processes, Pre-Sleep Arousal and Sleep Quality?* ANZ Association for Contextual Behavioral Science (Virtual).

Richdale, A.L. Sleep and Autism. Oral presentation (*keynote) at the Dutch National Autism Conference (virtual presentation), March 18-19.

Richdale, A. L. Sleep problems in autism and other neurodevelopmental disorders. Oral presentation (*keynote) at the Australian Conference On Neurodevelopmental Disorders (virtual presentation), September 17-18.

Richdale, A. Sleep problems in autism. What do we know? In Symposium: Sleep difficulties and their treatment in developmental disorders: What do we know? Sleep DownUnder, Brisbane, QLD, October (Virtual presentation).

Richdale, A.L. Autism: Moving into Adulthood and Beyond. Oral presentation (*keynote) at the International Autism Conference: Turkey (virtual), November 5-6.

Muniandy, M., **Richdale, A. L., & Lawson, L.** Stress and Wellbeing in Autistic Adults: Exploring the Moderating Role of Coping. Australasian Society for Autism Research (Virtual), November

Waltz, M., **Bury, S.,** Fertig, H., Siedler, A., Leong, D. *Autism and employment: Strategies and alternatives*. Abstract published in *Journal of applied research in intellectual disabilities*. https://www.webofscience.com/wos/woscc/full-record/ WOS:000668281600005

Unwin, K., Hall, J. & Underwood, J. Substance Use Disorder in Autistic Adults: A Cross-Sectional Study of a National Mental Health Database. Oral presentation. Australasian Society for Autism Research regional conference (Virtual), August.

Grants

New

Barbaro, J. (2021-2022). Internal investment Scheme. ECRs and MCRs "Awards" ("ABC" scheme), La Trobe University. Screening for autism during Maternal and Child Health checkups using SACS-Telehealth. \$44,137.41.

Chan, C., **Hedley, D.,** Hill, K., & Egerton, S. (2021). La Trobe University Social Research Assistance Platform. *Educating bystanders to detect and respond to suicide risk in general and vulnerable populations: Dissemination of an innovative tool.* \$2500

Dissanayake, C., Spoor, J. R., **Hedley, D.,** Karimi, L., Nicholas, D., & Bartram, T. (2021-2024). Australian Research Council. *Promoting long-term employment of autistic Individuals*. \$427.837

Gilbert, M., Barbaro., J., & **Sadka, N.** (2021). Social Research Assistance, Office of Research Infrastructure, La Trobe University. *ASDetect evaluation study write up.* \$2,583.

Gray, R., **Dissanayake, C.,** Kuntsche, E., Araten-Bergman, T., **Bury, S.,** Bigby, C., **Hedley, D.,** Spoor, J. R., Walkowiak, E., Riordan, B., He, Z., Bonela, A. A., **Lane, A. E.,** Gal, E., Schnitzman, S., Shpigelman, C. N., Schreuer, N., & Baruch, B. (2021-2022). VESKI Study Melbourne Research Partnership. *Enhanced Wellbeing and Social Inclusion in Marginalized Populations: A two country multicomponent project.* \$180,000.

Lane, A. E., & Chetcuti, L. (2021-2022). Australian Government Department of Industry, Science, Energy and Resources. *Efficacy of Jettproof compression garments for autistic children: a pilot study.* \$100, 255.

Lane, A. E., Wales, K., Leonard, C., Unwin, K. & Johnson, T. (2021-2022). Queensland Department of Education. Best practice guidelines on supports for students with sensory processing challenges. \$40, 213.

Richdale, A., Barbaro, J., & Sadka, N. (2021). Social Research Assistance, Office of Research Infrastructure, La Trobe University. Cross-sectional and longitudinal predictors of sleep problems in young autistic children from the ASDetect Cohort. \$3,100.

Unwin, K. NViTA Science-Engaged Theology fellowship award. University of St Andrews and the John Templeton Foundation. \$7000.

Ongoing

Bury, S. M., Nair, R., Dissanayake, C., Hedley, D. (2020-2021). Untapped Holding Pty Ltd. Supporting a Neurodiverse Workforce: A Mental Health & Well-being Resource & Training Package – Development of train-the-trainer and online training – Stage I. \$119, 847

Hedley, D., Clapperton, A., Uljarević, M., Robinson, J., **Dissanayake, C.,** Trollor, J., & Stokes, M. (2020-2022). Suicide Prevention Australia. Understanding and preventing suicidal behaviour in individuals with Autism Spectrum Disorder. \$498,914.

Barbaro, J., Eapen, V., **Dissanayake, C.,** Jalaludin, B., et al. (2019-2022). Autism Cooperative Research Centre (Autism CRC) Strategic Project. A multistate trial of an early surveillance program for autism within General Practices in Australia. \$881,975

Dissanayake, C., Barbaro, J., Shiell, A., & Williams, K. (2019-2022). NHMRC Project Grant. School age Outcomes of Children with Autism Spectrum Disorder and Parental Wellbeing: Investigations on the contribution of Method-of-Referral and Age-of-Diagnosis. \$473,000

Guastella, A., Dawson, G., **Dissanayake, C.** et al. (2017-2021) NHMRC Project Grant. Oxytocin enhancement of social learning in the treatment of toddlers with autism. \$1,273,280

Richdale, A. L., Falkmer, T., Harley, D., & Troller, J. (2014–2021). Autism CRC Core Program 3 Project 3.016RC, Comprehensive and unique profile of Australian ASD school leavers - Extension. \$358,420

Richdale, A. L., Falkmer, T., Harley, D., & Troller, J. (2017–2021). Autism CRC Core Program 3 Project 3.012RC *Base Resource Funding* \$935,000

Students



Ali Morse - PhD Completed

"State-wide implementation of the Social Attention and Communication Surveillance - Revised (SACS-R) in Tasmania"



Hiroko Kawashima - PhD completed

"Promotion of early identification of ASD in rural Japan"



The inaugural Access Ability Academic Award winner Lyndel Kennedy

(OTARC PhD candidate). Lyndel provided 'above and beyond' support for students when employed as a casual academic for Psychology and Counselling.

Honours

Student	Topic	Supervisors
Rebekah Benn	How Can Psychologists Better Work With Autistic Adults?	Rebecca Flower Rachel Jellett
Mikaela Finn	Experiences of Autistic People in Job Interviews	Rebecca Flower Darren Hedley
Ellen Richardson	Perceptions of Disability Workplace Accommodations	Rebecca Flower Simon Bury
Azul Hussain	Scale Development and Psychometric Evaluation of the Sensory Observation Autism Rating Scale (SOAR)	Josephine Barbaro Alison Lane Katy Unwin
Madison Chetcuti	Sensory Behaviours in 11-36-month-old Autistic Children: Investigating Associations with Diagnosis, Age and Gender	Josephine Barbaro Alison Lane Katy Unwin
Elisa Pica	Understanding Psychological Inflexibility and Quality of Life	Amanda Richdale Eric Morris
Matthew Strebinos	Psychological Determinant of Emotion Dysregulation	Amanda Richdale Eric Morris

Masters

Student	Topic	Supervisors
Paula Grogan (MPsych, Clin)	Does parental resolution to the diagnosis of ASD impact on the fidelity of parent delivered intervention and treatment outcomes for pre-school children?	Cheryl Dissanayake
Erin Beattie (external)	An examination of social-communication behaviours in infants and toddlers in the general population	N. Freeman (Monash University)
		Josephine Barbaro
Louise Dickens (MPsych, Clin)	Inter-Relationships Between Autistic traits and Elements of Depression, Sleep Quality, and Fatigue in Autistic Adolescents and Adults: A Network Analysis	Eric Morris Amanda Richdale
Katherine Gore	Autistic Females' Experience in the Workplace	Josephine Barbaro Melissa Gilbert Rebecca Flower Susan M Hayward (University of Melbourne)

PhD

Student	Topic	Supervisors	
Gemma Davy	Participation and Quality of Life in Caregivers of School Aged Children with Autism Spectrum Disorder	Josephine Barbaro Cheryl Dissanayake Katy Unwin	
Robyn Ball	Improving the competence of mental health practitioners in providing care to their autistic clients	Amanda Richdale Lauren Lawson Eric Morris	
Lyndel Kennedy	Factors contributing to higher education success for neurodiverse students	Amanda Richdale Lauren Lawson	
Melanie Muniandy	Social Support, coping, and resilience in adolescents and young adults on the autism spectrum	Amanda Richdale Lauren Lawson	
Beth Radulski	In partnership with La Trobe University's Department of Social Inquiry: #TakeTheMaskOff: Autistic Performativity and the Neurodiversity Movement	Katie Wright Cheryl Dissanayake	
Jane Mantzalas	Characterising autistic burnout and its underlying mechanisms: An exploratory investigation	Amanda Richdale Cheryl Dissanayake	
Jennifer Lowe	End-of-Life Service Experiences and Autism Spectrum Disorder	Bruce Rumbold Cheryl Dissanayake	
Elly Greenwood	Autism Coming to Hospital: Optimising the care for Inpatients with Autism Spectrum Disorder	Josephine Barbaro Louise Ward Ruby Walter (RMIT)	
Dianne Blackwell	Emotional regulation supports for autistic children and their caregivers	Alison Lane Anoo Bhopti (Monash University) Shelly J Lane (Colorado State University)	
Clare Kermond	Barriers and facilitators to positive school experiences for Australian secondary school autistic students	Alison Lane Anne Southall	
Asmita Mudholkar	Feeding difficulties in young children with a high likelihood of autism	Alison Lane Kristelle Hudry, Larissa Korostenski (John Hunter Hospital)	
Tayla Chellew (external)	Finding the lost years: Investigating the early signs of Autism Spectrum Disorder (ASD) in females diagnosed later in life	N. Freeman (Monash University) Josephine Barbaro	
Alison Nuske (external)	Exploring the facilitators and barriers to successful transition to university for students on the autism spectrum.	Fiona Rillotta Michelle Bello Amanda Richdale	
Karen Ray (external)	Learning to read and write: The role of handwriting fluency	Alison Lane Kerry Dally (University of Newcastle)	
Kelsey Philpott- Robinson (external)	PromOTing a therapeutic approach to self-regulation in schools: Getting it "just right"	Alison Lane Carl Leonard (University of Newcastle) Kylie Wales (University of Newcastle)	

Financial Report

Income: for the period 1st January to 31st December 2021	2020 Total	2021 Total
Research grants	771,148	505,094
Research donations	250,000	-
Commercial income	24,878	42,876
Other grants	-	-
Other donations	51,392	60,705
Foundation transfers	228,879	1,110,000
Internal income/transfers	346,720	277,743
In-kind contributions	362,122	202,649
Investment income	38,434	58,877
Other income	173,933	128,835
Total income	2,247,506	2,386,779

Expenditure: for the period 1st January to 31st December 2021			
Employee salaries and on costs		2,355,197	2,369,375
Academic (continuing and fixed-term staff)		1,531,861	1,573,171
Academic (casual)		40,051	1,818
Administrative (fixed-term staff)		731,372	715,303
Administrative (casual)		51,710	65,565
Other salary costs		203	13,518
Non-salary costs		305,921	206,921
Infrastructure	IT, maintenance, services	17,234	48,483
Depreciation		17,942	9,898
Professional fees	Externally contracted services	-20,538	9,144
Student related	Scholarships, stipends, training	82,406	21,504
General operating	Consumables, stationery, minor equipment	75,025	7,152
Staff (non-salary) costs	Incl. travel, accommodation and incidentals	33,589	21,069
Sundry items and other expenses		100,263	89,672
Total Expenses		2,661,118	2,576,297
Yearly Operating Result		-413,612	-189,518
Prior Year Carry-Forward		25,841	-387,771
Net Operating Result		-387,771	-577,289

La Trobe University also makes a significant in-kind contribution to OTARC in addition to providing financial support

La Trobe in-kind contributions	2020 Total	YTD December 2021
School Support	200,158	202,649
Research Focus Area support	10,000	0
Operating deficit/School contribution	151,964	244,464
Total	362,122.32	447,113



Contact details Olga Tennison Autism Research Centre

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